

# ONE BOOK, OWWL KIDS



The goal of One Book, OWWL Kids is to create a shared reading experience among children and caregivers from Ontario, Wayne, Wyoming, and Livingston Counties.

This spring, we will be sharing *Ruby Finds a Worry* by Tom Percival

*"Ruby loves being Ruby. Until, one day, she finds a worry. At first it's not such a big worry, and that's all right, but then it starts to grow. It gets bigger and bigger every day and it makes Ruby sad. How can Ruby get rid of it and feel like herself again?"*

-Bloomsbury Publishing

## MORE BOOKS BY TOM PERCIVAL

- Meesha Makes Friends
- Perfectly Norman
- Ravi's Roar
- Tilda Tries Again

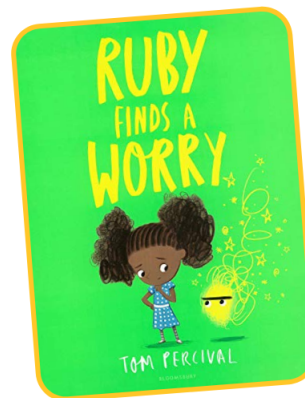
## OTHER BOOKS TO SHARE

- *After the Fall* by Dan Santat
- *The Don't Worry Book* by Todd Parr
- *Wemberly Worried* by Kevin Henkes
- *The Dot* by Peter Reynolds
- *Puppy In My Head* by Elise Gravel
- *Breathe Like a Bear* by Kira Willey
- *Peaceful Like a Panda* by Kira Willey

## DISCUSSION QUESTIONS

- What is a worry?
- What does it feel like when you are worried?
- Is there something you can do to help worries shrink or go away?
- What do you notice about Ruby's worry? (Look at the color choices the illustrator uses.)
- How does Ruby handle her worries?
- Pause at the page that reads "Each day it got a little bit bigger." How does Ruby feel about her worry? How can you tell?
- Ruby tried to ignore her worry. What happens when you ignore a worry?

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One Book, OWWL Kids is sponsored by Pioneer Library System.

The program materials were created by

Krystina Dippel (Victor Farmington Library) and Sarah Matthews (Wadsworth Library).

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# CLOTHESPIN WORRY DOLLS

Materials: Peg clothespins, embroidery thread, markers or paint, glue, scissors

## INSTRUCTIONS

- **To make a shirt:** Put a dab of glue right under the peg head and press the end of the embroidery thread into it. Wind the thread around the clothespin, making each wind lie flat against the other until you're about a 1/4 inch from the split. Cut your thread and secure it with a dab of glue.
- **To make a dress:** Follow the instructions for making a shirt, then continue wrapping around the split part of the peg until the dress is the length you want. Cut your thread and secure it with a dab of glue.
- **To make a skirt:** Change colors and secure the thread with a dab of glue at the bottom of the shirt. Continue wrapping around the split part of the peg until the skirt is the length you want. Cut the thread and secure it with a dab of glue.
- **To make pants or shorts:** Change colors and secure the thread with a dab of glue at the bottom of the shirt. Wrap the thread around the top of the peg until you get to the split. Then, wrap one leg until the pant leg is the length you want. Cut the thread and secure it with a dab of glue. Repeat with the other leg.
- **To make short hair:** Cut thread into tiny pieces. Dab glue on the doll's head and roll it around in the thread.
- **To make long hair:** Cut several threads a little longer than you want the hair to be. Tie them all up at one end and stick the tied end to the head of the doll in a way that gives you the look you want.
- **To make a face:** Use markers or paint to draw on a face.

## ADDITIONAL ACTIVITIES

- Monster Worry Box: [bit.ly/3HXyv3J](http://bit.ly/3HXyv3J)
- Worry Stones: [bit.ly/34ingEa](http://bit.ly/34ingEa)
- Ruby Word Search: [bit.ly/3eVQ9YW](http://bit.ly/3eVQ9YW)
- Ruby's Worry Activity Pack: [bit.ly/33c4XQo](http://bit.ly/33c4XQo)

## SOCIAL-EMOTIONAL LEARNING RESOURCES

- Talk About Your Feelings - A Guide for Families: [bit.ly/3q0SFU8](http://bit.ly/3q0SFU8)
- Sesame Street in Communities - Exploring Emotions: [bit.ly/3G6xA00](http://bit.ly/3G6xA00)
- The Fred Roger's Center Guides for Child Wellness: [bit.ly/3n3OK8K](http://bit.ly/3n3OK8K)
- Mindful Moments for Kids by Kira Willey: [bit.ly/338lm8O](http://bit.ly/338lm8O)

LEARN MORE ABOUT YOUR LIBRARY AT OWWL.ORG



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